



# Prevention of Behavioural and Emotional Problems in Adolescents

By Stallman, Helen

Book Condition: New. Publisher/Verlag: VDM Verlag Dr. Müller | The Role of Self-directed Parenting Programs | This book describes the nature and significance of behavioural and emotional problems in adolescents, the role of early intervention and self-directed parenting programs in the prevention of the development of problems. In particular, this book sought to: a) determine the impact of a self-directed behavioural family intervention program on parents' perceptions of their adolescent's behaviour; b) assess the efficacy and consumer acceptance of a self-directed parenting intervention; and c) identify clinical implications arising from this research to assist practitioners in the appropriate use of self-directed behavioural family intervention programs. Teen Triple P is a behavioural family intervention for parents of adolescents. This research investigated whether a self-directed program, Self-directed Teen Triple P, which consists of a parent workbook and video is sufficient to reduce risk factors known to be associated with the development of serious emotional and behavioural problems in adolescents and enhance protective factors. | Format: Paperback | Language/Sprache: english | 165 gr | 112 pp.



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## Reviews

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-- **Natalie Abbott**

*This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be playful, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.*

-- **Rene Olson**

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