



## Minimalism: A Beginner's Guide to Simplify Your Life (Paperback)

By Professor Michael Lund

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Minimalism: A Beginner's Guide to Simplify Your Life If you are interested in learning How To Declutter, De-Stress And Simplify Your Life With Simple Living, this book is your first step to learning how to live more with less. Minimalism: A Beginner's Guide to Simplify Your Life will teach you the fundamental basics of minimalism, all in simple terms that even the most novice of beginners can understand and implement. In this book you will learn: - What Minimalism Really Is - What Minimalism Definitely Is Not - Who is Minimalism Good For - The Many Benefits of Minimalism - How to Start Decluttering Your Life - Much, much more! Start living a more fulfilling, enjoyable life with less stress, less hassle, and less stuff! Welcome to Minimalism. Tags: minimalism, minimalist living, minimalist lifestyle, minimalism made easy, minimalist budget, minimalist wardrobe, minimalist cooking, less is more, live a meaningful life, downsizing, minimalism books, minimalism living, decluttering, happiness, organized, organization, organized life, organized living, life of a minimalist, how to be a minimalist, the bliss of minimalism,...



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