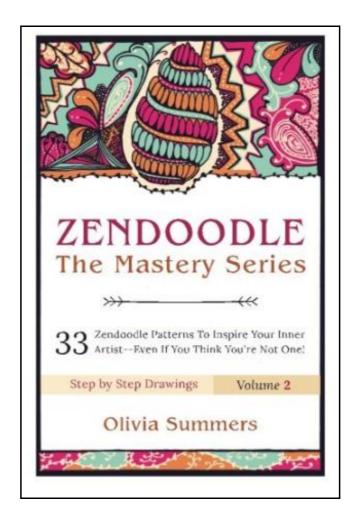
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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Have You Seen Zendoodle Works Of Art And Been Inspired To Create Your Own.But Don t Even Know Where To Start? Maybe you re not even sure what Zendoodle is, or simply don t feel like you re qualified to be an artist. If any of these scenarios apply to you, then my Zendoodle Mastery Series is the answer you ve been looking for! Volume 2 includes 33 brand new patterns that I haven t released previously. Not only will you learn the principles of the Zendoodle Method, but I ll also walk you through step by step in pictures, each of the patterns so that you know exactly how to re-create them in your own artwork! But the benefits aren t just the visual appeal. When You Use The Zendoodle Method Daily You ll Begin To See Changes In Your Life And Your Mindset In A Big Way. How? Well, Zendoodle was originally developed as a way to practice mindfulness and meditation through the repetitive art of drawing these simple, but challenging patterns.each stroke of your pen brings you closer to the zen in Zendoodle. If you re looking for a way to create beautiful artwork that only looks impossible (but is actually quite simple!) then be sure to grab all 3 Volumes of my Zendoodle Mastery Series (that s 99 patterns!). Here s What You ll Find Inside. Expanded Workbook Edition so you can practice each pattern step by stepPLUS, extra space to create your own original tangles using each patternWhat the Zendoodle Method isCommon Myths and MisconceptionsEach step of the Zendoodle process33 unique tangle patterns-with step-by-step picture instructions for each patternCommon Zendoodle terminologyThe essentials for...

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